



ROSETTE CHIDIAC

COUNSELLING SERVICES

At *Rosette Chidiac Counselling Services* I work alongside individuals, helping utilise their strengths and supports to achieve the best possible outcomes for their mental wellbeing.

Rosette Chidiac Counselling Services is committed to the Catholic faith, its teachings and respect for human life from conception to death.

Areas of support include:

- Symptoms of Depression
- Symptoms of Anxiety
- Sleep Difficulties
- Stress Management
- Communication
- Resilience Building
- Grief and Loss
- Life Transitions



*As a Mental Health Social Worker,
I am bound by a Professional
Code of Ethics*

When we engage in Counselling, we seek our own olive branch - a sense of peace and safety for our wellbeing during challenging times.

Schedule a complimentary
15 MINUTE DISCOVERY CALL
to find the best service for you.

AVAILABLE SERVICES

INDIVIDUAL THERAPY

50 Min. Session / 30 Min. Session
Eligible for Medicare Rebates

CLINICAL SUPERVISION

For Social Workers / Counsellors

MENTAL HEALTH PRESENTATIONS

Have a Mental Health Presentation
tailored and presented to your
community or group.

PARISH MENTAL HEALTH SUPPORT

Have on-site Mental Health support
provided to your Parish.

0421 969 742
rosettechidiac@outlook.com

Medicare Provider No. 6148731Y

www.rosettechidiaccounselling.com.au